



## TREATMENTS

### THE FEET

<b>Mini Pedicure</b> Foot massage, file and paint	\$35.00
<b>Full Pedicure</b> Foot spa, file, cuticle work, pumice, massage and polish (60 mins)	\$70.00

### THE HANDS

<b>Mini Manicure</b> Hand massage, file and paint	\$35.00
<b>Full Manicure</b> Hand spa, file, cuticle work, pumice, massage and polish (60 mins)	\$60.00
<b>French Manicure</b> includes French Paint	\$70.00

### WAXING (ESSENTIAL MAINTENANCE)

Full leg incl. bikini line (60 min)	\$55.00
Half Arms	\$20.00
Full leg Wax	\$40.00
Underarm	\$20.00
Thigh / Bikini Line \$35.00	
Half leg Wax	\$28.00
Eyebrows	\$15.00
Upper Lip	\$13.00
Chin	\$13.00
Bikini Line	\$20.00
Brazilian (First appointment)	\$65.00
Brazilian (Maintenance)	\$40.00
Full Leg (for him) 50-60 min	\$55.00
Back (for him)	\$40.00
Arms \$30.00 Chest (for him)	\$40.00

## BODY WRAPS

We have a range of the luxurious and effective body wraps.  
Your modesty is protected during any body treatment through draping of the body.  
Choose from coffee based anti-cellulite wraps designed to detoxify skin tissue,  
hydrating moisture wraps or mud-based firming wraps.  
(60-90 min)

\$95.00-130.00

**\*\*Enquire about our Power-Wrap treatment\*\***

At April Sun on Cuba we cater for individuals, couples and  
groups, corporate rewards, hens nights, bridal parties, team  
birthdays, and girls day out.

Let us help you prepare for balls,  
weddings, reunions, and other special occasions.  
Whatever your requirement, we can assist.

## DESIGNER SPA PACKAGES *ARE OUR SPECIALTY*

We will design any spa package to suit your specific requests.  
Examples of some spa packages:

A 30 minute Hydrotherapy Steam/Sauna/Spa Bath  
A 60 minute Spa Pedicure OR Spa Manicure  
A 60 minute Deep Tissue or Relaxation Massage

With Drinks and Nibbles provided

\$150.00

### His 'n' Hers Spa Package

A special range of romantic Spa Packages to rejuvenate and relax together

A 45 minute Hydrotherapy Steam/Sauna/Spa Bath session together  
A 60 minute Spa Pedicure or Spa Manicure  
A 30 minute Side by Side deep tissue or relaxation massage

With Drinks and Nibbles provided

\$230.00

## SPRAY TANS (DEFINITELY A SAFER ALTERNATIVE TO THE SUN)

A natural looking tan is achieved with our Faken-it solution.  
Non-carcinogenic with no artificial colourants.

Full Body Tan (2 coats with hands and feet prepped) (1 hr)	\$65.00
Half Body Tan (upper or lower body only) (1 hr 40 min)	\$45.00
Exfoliation with us & Full Body Tan (1 hr 15 min)	\$80.00

## HYDROTHERAPY (STEAM AND WATER MASSAGE)

Enjoy our double hydrotherapy unit alone or with a friend, The steam and sauna with ozone treatment is great for detox. His and Her lower back multi massaging jets as well as upright stimulating jets. Treat feet with the aqua foot massage or soak in a spa bath in the base of the unit.

15 minutes	\$25.00
30 minutes	\$35.00
45 minutes	\$50.00

\*\*A wonderful forerunner to Massage and Body Wraps to open pores.

## MASSAGE THERAPIES

### *RELAXING, THERAPEUTIC OR INVIGORATING MASSAGE*

Massage is a brilliant experience for feeling better and improving health. Treatment is improved with your feedback about desired pressure levels between you and your therapist. At April Sun on Cuba we offer Swedish, Deep Tissue, Sports, Lomi Lomi, Pregnancy Massage and Geriatric Massage. For the relief of stress, pain, tight muscles and improved sleep, energy, sense of wellbeing you can enjoy.

90 min – The complete “De-stressor” for Full Body	\$95.00
60 min – The “Preventer” Full Body Muscle Smoother	\$65.00
30 min – Back, Neck and Shoulders	\$35.00

### **Rushed for time? Try our Teasers**

20 min – Head, Neck and Shoulders	\$25.00
20 min – Foot Soother	\$25.00
15 min – Hand Massage	\$20.00
60 min – Mothers in Waiting “Real Relaxer”	\$65.00

## THE FACE “MIRROR, MIRROR ON THE WALL”

We use Dermalogica, Ultraceuticals, Intraceuticals and Pure Fiji Products to ensure you will receive a luxurious facial experience which will deliver results to suit your needs.

### **Skin Analysis**

(including Face Mapping)  
provides an insight into your skins needs (15min) \$20.00

### **Entre Facial**

Great for Quick Fix when Time Short (40 min) \$45.00

### **Designer Facial**

Products selected to address skin needs (60 min) \$75.00

### **Multivitamin Facial**

To energise and boost lifeless skin wit multivitamin/  
enzymes for exfoliant, mask and eye cream (80 min) \$105.00

### **Mens Treatments**

All of the above facials are available for males and are delivered to target concerns such as shaving rash.

## THE EYES (WINDOWS TO THE SOUL)

Eyebrow Shaping (Great Shaping)	\$15.00
Eyebrow Tint	\$10.00
Eyebrow Shape and Tint (Together and Save)	\$20.00
Brow Shape / Tint and Eyelash Tint (Eye Trio)	\$30.00
Eyelash Tint	\$15.00

## ESSENTIAL FACE LIFT

The essential face lift and essential eye lift treatments are perfect one off treatments for balls, reunions and special occasions where you want your face to look younger, firmer and smoother

(1 Hour) \$70.00

## ULTRACEUTICAL FACIAL PEELS

Ultraceuticals products are made for NZ and Australian skin types. These cosmeceuticals (not prescription medicine and more than cosmetic products) are designed for treating skin concerns and delivering "Real Results for Real Customers".

Ultraceuticals manufacture products for professional treatments with active homecare and supplements.

Facial Peels are safe light chemical peels which can be more controlled than microdermabrasion. Peels are effective and give results.

### **Lactic Peels**

Excellent for re-surfacing skin and improving hydration (30 min) \$45.00

### **Vita Peels**

Specifically designed to re-surface the skin and improve pigmentation by lightening and evening skin tone (35 min) \$55.00

### **BHA (Beta Hydroxy Acid) Peels**

Especially for people with acne and problem skin. This peel is excellent for overall retexturization of the skin (35 min) \$55.00

**Ultraceuticals** – award winning 23% Vitamin C Treatment Cream and their complete range of vitamin antioxidant enriched products is available at April Sun on Cuba

## O2 INTRACEUTICALS HYPERBARIC OXYGEN

### **Rejuvenation Treatment**

Designed to give instant results. This natural face lift literally lifts, firms, and tightens. (50mins) \$160.00

### **Opulence Whitening Facial**

Recommended for those with uneven pigmentation and sun damage. Opulence is a skin brightening oxygen treatment. \$160.00

### **Atoxelene Infusion**

A line relaxing botox effect treatment (30mins) \$80.00

## A TASTE OF FIJI – SPA RITUALS (BULA)

Using the delicious “Pure Fiji” coconut based tropically scented range of body products.  
Exclusive in Palmerston North to April Sun on Cuba.

### **Tropical Paradise Body Glow**

A deep exfoliation and re-hydration of the skin

Relax and enjoy as milk from the coconut combined with macadamia and coconut oil are gently massaged into the skin followed by an application of pure cane sugar to polish the body revealing new healthy skin as well as strengthening elasticity and replenishing moisture loss  
(80min)

\$120.00

### **Island Wrap**

An exquisite combination of body brushing, application of hydrating oil, Lomi Lomi massage, hot stones, body butter, facial massage and scalp massage.

Body wrapped to absorb the nourishing products which re- hydrate and re-vitalize the entire body  
(90min)

\$130.00

### **Tropical Paradise Pedicure**

Feet cleansed and soaked in Cleopatra style coconut milk. An exfoliation follows with the sugar rub. Feet are massaged prior to nail services being performed. Warm body butter is then applied to the feet which become wrapped. A lower leg massage is performed and finally toenails are painted, complete with frangipani if requested  
(60min)

\$75.00

### **Tropical Paradise Manicure**

As for the feet in the pedicure the “Pure Fiji” luxurious treatment for the hands uses milk bath soak, sugar cane based exfoliant, coconut based body butter and finally fingernails painted in your choice of vibrant or mellow colour  
(60 min)

\$75.00

### **Exotic Hot Stone Ritual**

Throughout history various cultures have all used stones for healing. More than 4000 years ago Chinese used hot stones to relieve stress, pain and tension. Warm stones are placed on the body whilst nourishing exotic oil is applied and massaged into the body to relieve tension, restore balance and increase positive energy flow. “Positively Devine”  
(90 min)

\$125.00

## I.D BARE MINERAL MAKE UP

Pure crushed minerals from the earth with nothing added. Zero irritants. i.d bare Minerals foundation cheek and eye colours are free of preservatives, oil, fragrance, binders, talc and other irritating chemicals.

It is skin care disguised as makeup that gives you a natural luminosity.  
Great for post laser, following peels, for covering skin redness, rosacea and acne. The mineral veil has a protection factor of SPF 15.

**YOUNGER SECRETS - AN EXCITING RANGE OF PRODUCTS  
INCLUDING ...**

Collagen & keratin capsules for improving the internal  
structure of the skin, hair and nails.

Supplements and creams for balancing hormones and  
alleviating joint aches and pains.

Women's Secrets Intimate gel and pheromones for increased  
sensitivity and sexuality.

**VOUCHERS**

Our signature copper coloured voucher scrolls can be designed  
to provide anything your heart desires, for any and every  
occasion.